

September 3, 2013

TWO NATIONALLY RENOWNED EXPERTS ON BRAIN HEALTH

HEADLINE TWO DAYS OF PROGRAMS

Dr. Neal Barnard will discuss brain health in a **free public lecture** at 7pm on Friday, September 13th in Tilson Hall on the campus of Indiana State University @ 440 North 6th St., Terre Haute, Indiana. On Saturday September 14th, Dr. Barnard will be joined by Dr. Laurie Mischley for an all-day conference, **"Food for Thought – Evidence Based Strategies for Better Brain Health"** to be held at University Hall in the Bayh School of Education also on the campus of Indiana State University @ 401 North 7th St, Terre Haute, Indiana. **This is the first presentation in this year's ISU Speakers Series, and is co-sponsored by the Maple Center for Integrative Health.**

Dr. Barnard is the founder of the Physicians Committee for Responsible Medicine and is adjunct associate professor of medicine at George Washington University. He is the author of **Power Foods for the Brain**, published this year, as well as a number of other books on the connection between nutrition and health. He is also featured on public television in the program, "Protect Your Memory with Dr. Neal Barnard."

Dr. Mischley is an award-winning researcher in nutrition and neurological disorders with a focus on Multiple Sclerosis and Parkinson's Disease. She is also the author of **Natural Therapies for Parkinson's Disease**. Dr. Mischley, in addition to the research she conducts at Bastyr University, has a part time private practice at Seattle Integrative Medicine where she specializes in orthomolecular therapies for neurological disorders.

Friday evening is free. There is a fee to attend the Saturday sessions and lunch. Advance registration by Tuesday, September 10th is required.

The conference is co-sponsored by Indiana State University, Union Hospital Medical Education and the Maple Center for Integrative Health. Application for CME credit for medical professionals for the Saturday program has been filed with the American Academy of Family Physicians. Six hours of CE credit will be awarded in nursing.