



**Janice Croft, MS, LMHC, NCC**

**Mental Health Counseling**

- Mood & anxiety disorders
- Trauma
- Stress Management
- Grief & Loss
- Women's Issues
- Phase of life & aging issues
- Relationship concerns
- Guided imagery, visualization & relaxation techniques
- Chronic health & Disability issues

Individual, couple, and family counseling sessions available

**To schedule an appointment contact:**

**Janice Croft**

**(812) 240-5804**